

Berwyn's Squash Academy - SQUAFIT

Summer 2019

FUN, FITNESS, FRIENDS!!!

60 minutes of squash competition and 30 minutes of fitness, all designed to improve your speed strength and squash skills

Squash and Fitness Training 90 minutes each day
Come every day if you wish, it is up to you, Mon thru Thurs.

Summer –July 8-Aug 31

Monday thru Thursday – 5.30-7.00pm

Sign up one week at a time simply by emailing Dominic@berwynsquash.com

Deadline to sign up for any given week is the Friday before each week

Match Play Round Robin –Saturday afternoons, all levels. 1.00-2.30pm

Come every day if you wish, just show up, Mon thru Thurs.

Obviously if you have any questions please do not hesitate to contact me
dominic@berwynsquash.com or 610-647-6375

Berwyn's Squash Academy

Registration and Commitment Form 2019

Name: _____

Tel# Home: _____ Cell: _____

Email _____

BSFC Member price –

\$160 per week OR \$99 per week (BEST OPTION) if you sign up for three or more weeks (must register for all weeks before 07/04 to qualify for discounted price)

Or Daily Fee \$40

Please circle the weeks you want

07/08	07/15	07/22	07/29		08/05	08/12	08/19	08/26
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All fees are non refundable, no exchanges, no make ups and are a commitment for the time chosen.

Entries must be received by: Friday of week before you want to participate

Please charge my House Acc: Name _____

LIABILITY WAIVER: I agree to hold Berwyn Squash & Fitness Club and the USSRA, their employees, agents, directors and officers harmless from any and all loss, claim, injury, damage or liability sustained or incurred by me as a result of my participation in Berwyn's Squash Academy, 2019.

Signature of the Parent: _____ Date: _____