



Squash Camps For Excellence

Summer 2022

Dates:	Weekly Price
June 13-16, 20-23, 27-30.	2 hour session: \$250.00
July 11-14, 18-21, 25-28.	4 hour session: \$450.00
August 8-11, 15-18, 22-25.	6 hour session: \$650.00

**Format: Each camp will run
Monday thru Thursday**

Three sessions per day
Morning session 9.30-11.30am
Mid-Day session 12-2.00pm
Afternoon session 2.00-4.00pm

Campers can do 1, 2, or 3 sessions per day

Full day campers should bring own lunch and bring some outdoor athletic shoes

Non Berwyn Members will pay extra \$50 per session

WHY NOT CREATE YOUR OWN GROUP OF SIX FRIENDS ?

Your own customized Camp

Camps include:

Technical Skill- Stroke and movement mechanics

Tactics – building shot sequences and patterns in order to execute better match strategy

Performance – building speed, strength and agility on court

Mindset – Managing emotions, building toughness

Match Tactics & Strategy – Identifying opponents strengths and weaknesses.

Setting the tone in match play, dictating play and responding to opponents tactics

Registration Information

Parents Work/cell _____

Please circle camp/Session

June 13-16,

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

June 20-23

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

June 27-30

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

July 11-14

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

July 18-21

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

July 25-28

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

August 8-11

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

August 15-18

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

August 22-25

Morning session 9.30-11.30am, Mid-Day session 12-2.00pm, Afternoon session 2.00-4.00pm

Sign up now by calling the club with credit card 610-647-6375

Or forward registration form and check payable to:

Berwyn Squash & Fitness Club, 625 Cassatt Road, Berwyn, PA. 19312

LIABILITY WAIVER: I agree to hold Berwyn Squash & Fitness Club, their employees, agents, directors and officers harmless from any and all loss, claim, injury, damage or liability sustained or incurred by me as a result of my participation in Berwyn's Squash Camps for Excellence 2022
