

Berwyn's Fall Activities



Junior Squash

Berwyn's Ivy League

When: Sunday Nights, October- February at 4.45pm

A Round Robin to decide team placements will be held on Sunday 18th September and Sunday 25th September. Attendance is strongly recommended starting at 4.00pm both days for the Round Robin.

Berwyn's National Squads

Essentially small group training – we recommend two or three days a week for optimal improvement.

Specific dates: week commencing : Sept: 12,21,28. Oct: 3,10,17,24,31 Nov: 7,14,21

Each 90 minute clinic and is limited to 12 players so we can provide a coach/student ratio 1:4

Match Play Days - all players are invited to participate each week

After School Club Program

Elementary, Middle and High School Squash

High School Students Monday, Wednesday and Friday 2.45pm – 4.00pm

Middle School Students Tuesday and Thursdays 2.45pm – 4.15pm

Elementary School Students Tuesday and Thursdays 4.15pm – 5.30pm

NEW THIS FALL **Berwyn's Elite Training – BET Program**

A detailed annual plan to help you achieve the very best National Squash Ranking. The overall goal of achieving excellence in the National Squash Championships.

Under the care and supervision of a Primary Coach, each season will be planned and scheduled completely. The three month season will be scheduled with at least one parent present, the player and coaches.

Fall - Sept 1 - Nov 20th, 2016 Winter - Nov 27- Feb 26th, 2017 Spring - Feb 26th - April 30, 2017

Future Champions Clinic

A FREE Clinic for junior players aged 6-8 years old. Saturday mornings 9.00-9.45am. A great way to introduce your son/daughter to squash

MORE INFORMATION AVAILABLE AT WWW.BERWYNSQUASH.COM

OR EMAIL DOMINIC@BERWYNSQUASH.COM TO SIGN UP

Berwyn's Fall Activities



Adult Squash

Monday Singles Round Robin

Every Monday evening 7.00pm til 9.00pm, a round robin and a great way to meet new players

NEW THIS FALL Wednesday Night Singles House League

Every Wednesday evening a match will be arranged for you, match times will vary but will be confirmed by email each week (anything from 7.00pm-8.30pm.) League will run on a rough eight week cycle, each cycle costs: \$30

Cycle one: Sept 14-Nov 16. Cycle two: Nov 30- Jan 25. Cycle Three: Feb 1- Mar 29

Women's Clinic's

Every Tuesday and Friday morning, 10am-11:30am with Joyce Davenport

Friday Evening Doubles Round Robin

Every Friday evening, 5:30-7:30PM, join Joyce Davenport for an evening of Doubles squash. Open to men and women of all levels. The best way to learn the game and get some tips from Joyce. Cost \$7.50 per person

First Friday Club Night – First Friday of every month

A Round Robin singles and doubles. Includes Pizza and Beer Every First Friday

NEW THIS FALL Weekend Doubles House League

Saturday and Sunday afternoons a match will be arranged for you, match times will vary but will be confirmed by email each week (anything from 1.00-5.00pm)

All skill levels are welcome. We will be using the Club Handicaps

League will run on a rough eight week cycle. Each cycle costs: \$30

Cycle one: Sept 14-Nov 16. Cycle two: Nov 30- Jan 25. Cycle Three: Feb 1- Mar 29

PSRA League

We participate in Singles and Doubles in the Philadelphia Regional Inter Club League throughout the Fall and Winter months

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